



COMPETENCY MODULES

What are they?: Highly accessible web based trainings covering foundational level preparation

Who are they for? Anyone with an interest in children's mental health.

Where can I find them? Online at <http://nh4youth.org/resources/modules>

Children's Mental Health Core Competencies Review (18:06 minutes)

Children's Mental Health Care Competencies: What are they? Why do we need them, and how do we use them?

Cultural and Linguistic Competence (30:51 minutes)

Examine culturally and linguistically competent engagement and communication techniques and best practices to address limited English proficiency and low- literacy skills.

Early Childhood Mental Health (18:06 minutes)

Provides key information on:

- Basic neurodevelopment, the importance of attachment, red flags for attachment concerns, description of the effects of toxic stress.
- Also discusses the early childhood system and community resources for young children and their families.

Family Driven and Youth Guided Practice (15:20 minutes)

"Families as the experts of their child." How to effectively engage families in improving their child's behavioral health.

Future Planning (36:50 minutes)

Engage youth to reflect about their life, understand their support network, identify strengths and skills, and ultimately set and pursue goals based on their life aspirations.





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Positive Behavioral and Interventions Support Overview (27:57 minutes)

Positive Behavioral Interventions and Supports, or PBIS, provides a framework for a 3-tiered continuum of strategic and comprehensive social, emotional and academic interventions and supports for children.

Substance Use (20:43 minutes)

Examines the common indicators of substance use and substance misuse in families and youth.

Trauma and its Impact on Children (20:58 minutes)

Examines the common indicators of trauma and its impact on children for practitioners, this webinar may also be a resource for parents and family members seeking information for a loved one.

Youth Engagement (10:36 minutes)

Aims to educate adult allies and support staff about proven strategies for meaningfully engaging young people by empowering them to become partners and leaders at home, at school, and in their communities.

All Modules Are Available At:

<http://nh4youth.org/resources/modules>

